

Run Route – Outbound on the Martin Goodman Trail; Inbound on Lakeshore Blvd. W. Curb Lane



The run leg of the Toronto Triathlon Festival features an outbound route on the Martin Goodman Trail and an inbound route in the eastbound curb lane of Lakeshore Boulevard West; the Olympic Distance run features two laps, with the second lap turnaround just before the Transition Zone at Ontario Place; both the Sprint and Olympic Distance Races finish at Ontario Place, on the roadway, just east of Parking Lot 1